

2009 VLAA TRACK & FIELD CHAMPIONSHIPS (FIELD TIMETABLE)

**2009
Field
Time
Table**

**2009
Field
Time
Table**

SATURDAY

Evt No.	Age Group	Event	Venue
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EVENT TIME: 8:30

109	U 9	Boys	Long Jump	1
110	U10	Boys	Long Jump	2
111	U11	Boys	Triple Jump	1
112	U13	Boys	High Jump	2
113	U12	Girls	Discus	2
114	U13	Girls	Javelin	1
115	U14	Girls	High Jump	1
116	U15	Girls	Shot Put	1

EVENT TIME: 10:00

117	U12	Boys	Javelin	1
118	U14	Boys	Long Jump	1
119	U15	Boys	Discus	1
120	U 9	Girls	Triple Jump	2
121	U10	Girls	High Jump	2
122	U11	Girls	Shot Put	2
123	U12	Girls	High Jump	1
124	U13	Girls	Triple Jump	1

EVENT TIME: 11:30

125	U 9	Boys	High Jump	2
126	U10	Boys	Discus	2
127	U12	Boys	Triple Jump	1
128	U13	Boys	Discus	1
129	U14	Boys	Shot Put	1
130	U15	Boys	High Jump	1
131	U11	Girls	Long Jump	2
132	U15	Girls	Javelin	1

LUNCH

EVENT TIME: 2:00

133	U11	Boys	High Jump	1
134	U 9	Girls	Discus	2
135	U10	Girls	Shot Put	2
136	U11	Girls	Javelin	1
137	U12	Girls	Long Jump	1
138	U13	Girls	Shot Put	1
139	U14	Girls	Discus	1
140	U15	Girls	Triple Jump	1

EVENT TIME: 3:30

141	U 9	Boys	Shot Put	2
142	U11	Boys	Discus	1
143	U12	Boys	Shot Put	1
144	U13	Boys	Long Jump	2
145	U14	Boys	Javelin	1
146	U15	Boys	Long Jump	1
147	U10	Girls	Triple Jump	2
148	U14	Girls	Triple Jump	1

SUNDAY

Evt No.	Age Group	Event	Venue
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EVENT TIME: 8:30

301	U12	Boys	Discus	2
302	U13	Boys	Javelin	1
303	U14	Boys	High Jump	1
304	U15	Boys	Shot Put	1
305	U 9	Girls	Long Jump	1
306	U10	Girls	Long Jump	2
307	U11	Girls	Triple Jump	1
308	U13	Girls	High Jump	2

EVENT TIME: 10:00

309	U 9	Boys	Triple Jump	2
310	U10	Boys	High Jump	2
311	U11	Boys	Shot Put	2
312	U12	Boys	High Jump	1
313	U13	Boys	Triple Jump	1
314	U12	Girls	Javelin	1
315	U14	Girls	Long Jump	2
316	U15	Girls	Discus	1

EVENT TIME: 11:30

317	U11	Boys	Long Jump	1
318	U15	Boys	Javelin	1
319	U 9	Girls	High Jump	2
320	U10	Girls	Discus	2
321	U12	Girls	Triple Jump	2
322	U13	Girls	Discus	1
323	U14	Girls	Shot Put	1
324	U15	Girls	High Jump	1

LUNCH

EVENT TIME: 2:00

325	U 9	Boys	Discus	2
326	U10	Boys	Shot Put	2
327	U11	Boys	Javelin	1
328	U12	Boys	Long Jump	2
329	U13	Boys	Shot Put	1
330	U14	Boys	Discus	1
331	U15	Boys	Triple Jump	1
332	U11	Girls	High Jump	2

EVENT TIME: 3:30

333	U10	Boys	Triple Jump	2
334	U14	Boys	Triple Jump	1
335	U 9	Girls	Shot Put	2
336	U11	Girls	Discus	2
337	U12	Girls	Shot Put	1
338	U13	Girls	Long Jump	1
339	U14	Girls	Javelin	1
340	U15	Girls	Long Jump	2