

2008 VLAA TRACK & FIELD CHAMPIONSHIPS (FIELD TIMETABLE)

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SATURDAY

Evt No.	Age Group	Event	Venue
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EVENT TIME: 8:30

U 9	Boys	Long Jump	
U10	Boys	Long Jump	
U11	Boys	Triple Jump	
U13	Boys	High Jump	
U12	Girls	Discus	
U13	Girls	Javelin	
U14	Girls	High Jump	
U15	Girls	Shot Put	

EVENT TIME: 10:00

U12	Boys	Javelin	
U14	Boys	Long Jump	
U15	Boys	Discus	
U 9	Girls	Triple Jump	
U10	Girls	High Jump	
U11	Girls	Shot Put	
U12	Girls	High Jump	
U13	Girls	Triple Jump	

EVENT TIME: 11:30

U 9	Boys	High Jump	
U10	Boys	Discus	
U12	Boys	Triple Jump	
U13	Boys	Discus	
U14	Boys	Shot Put	
U15	Boys	High Jump	
U11	Girls	Long Jump	
U15	Girls	Javelin	

LUNCH

EVENT TIME: 2:00

U11	Boys	High Jump	
U 9	Girls	Discus	
U10	Girls	Shot Put	
U11	Girls	Javelin	
U12	Girls	Long Jump	
U13	Girls	Shot Put	
U14	Girls	Discus	
U15	Girls	Triple Jump	

EVENT TIME: 3:30

U 9	Boys	Shot Put	
U11	Boys	Discus	
U12	Boys	Shot Put	
U13	Boys	Long Jump	
U14	Boys	Javelin	
U15	Boys	Long Jump	
U10	Girls	Triple Jump	
U14	Girls	Triple Jump	

SUNDAY

Evt No.	Age Group	Event	Venue
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EVENT TIME: 8:30

U12	Boys	Discus	
U13	Boys	Javelin	
U14	Boys	High Jump	
U15	Boys	Shot Put	
U 9	Girls	Long Jump	
U10	Girls	Long Jump	
U11	Girls	Triple Jump	
U13	Girls	High Jump	

EVENT TIME: 10:00

U 9	Boys	Triple Jump	
U10	Boys	High Jump	
U11	Boys	Shot Put	
U12	Boys	High Jump	
U13	Boys	Triple Jump	
U12	Girls	Javelin	
U14	Girls	Long Jump	
U15	Girls	Discus	

EVENT TIME: 11:30

U11	Boys	Long Jump	
U15	Boys	Javelin	
U 9	Girls	High Jump	
U10	Girls	Discus	
U12	Girls	Triple Jump	
U13	Girls	Discus	
U14	Girls	Shot Put	
U15	Girls	High Jump	

LUNCH

EVENT TIME: 2:00

U 9	Boys	Discus	
U10	Boys	Shot Put	
U11	Boys	Javelin	
U12	Boys	Long Jump	
U13	Boys	Shot Put	
U14	Boys	Discus	
U15	Boys	Triple Jump	
U11	Girls	High Jump	

EVENT TIME: 3:30

U10	Boys	Triple Jump	
U14	Boys	Triple Jump	
U 9	Girls	Shot Put	
U11	Girls	Discus	
U12	Girls	Shot Put	
U13	Girls	Long Jump	
U14	Girls	Javelin	
U15	Girls	Long Jump	

SUBJECT TO BOARD APPROVAL